

# New Webinar Series

Cascade announces a new series  
that will improve your relationships!

February is Relationship Awareness Month, and in recognition Cascade will hold one web-seminar per month, for four months, starting right before Valentine's Day.

Relationships are key—with our partners and our children... and also with our work and money. Cascade's relationship series will focus on each of these topics and allow you to realize the state of your current relationships, and provide you with tools to strengthen those relationships.

## The Relationship Series includes the following topics:

- ◆ **Explore your relationship with money**  
– February 11<sup>th</sup> at 11:00 (PST)
- ◆ **Improve your relationship with work**  
– March 11<sup>th</sup> at 11:00 (PST)
- ◆ **Deepen your relationship with children through emotional intelligence**  
– April 8<sup>th</sup> at 11:00 (PST)
- ◆ **Find a meaningful partner relationship; explore faster and better ways to love**  
– May 13<sup>th</sup> at 11:00 (PST)

*\*\*Please watch your e-mail for registration and webinar access information.*



Cascade Employee Assistance Program  
1-800-433-2320  
[www.cascadecenters.com](http://www.cascadecenters.com)